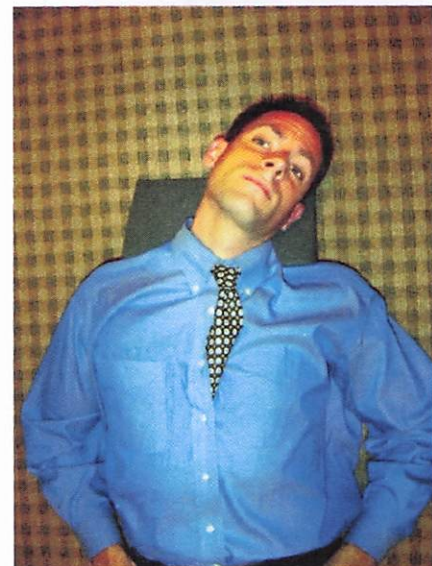
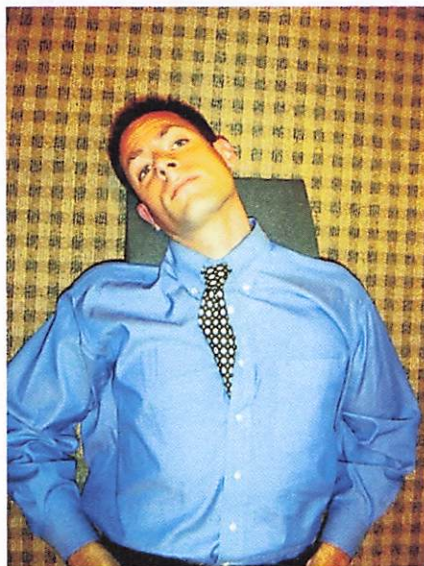
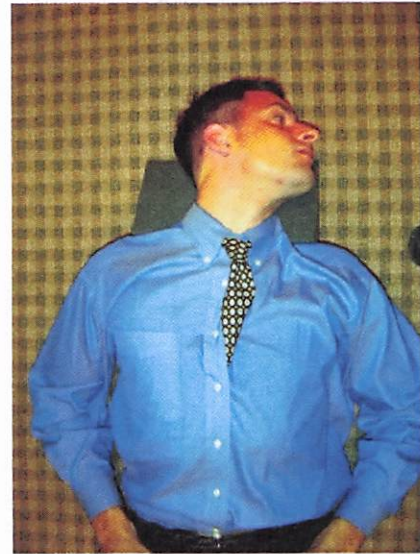
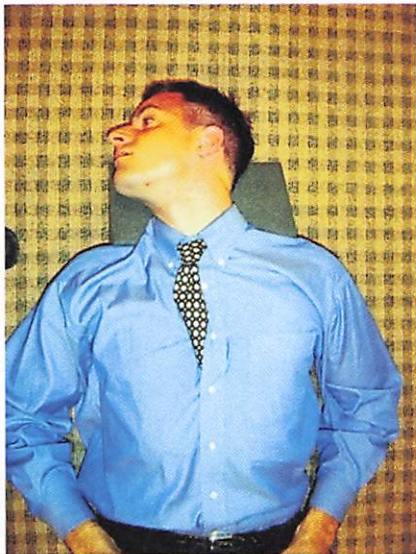
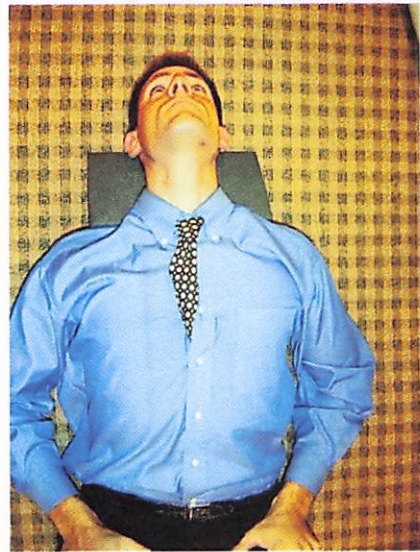
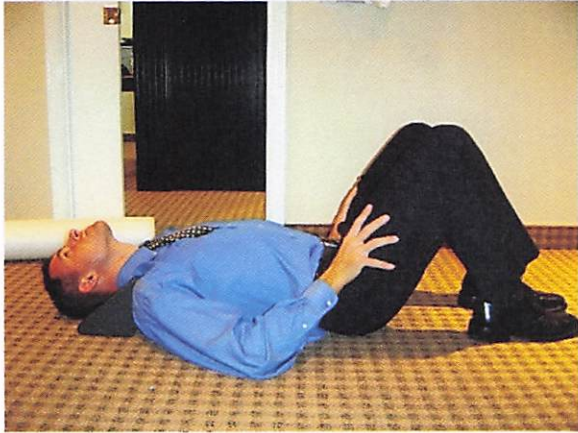


Cervical 5 Direction Exercise



Do not perform exercise if not under active care.

If you experience discomfort please stop immediately and contact Dr. Osborne.