

Discover's Secrets

First and foremost, download the EWG's Healthy Living App. EWG scientists have rated thousands of cosmetic and cleaning products based on the health, safety and transparency of their ingredients. Each product is given a rating on a scale of 1-10 or A to F.

The Think Dirty App is also a great one to download, as they have similar ratings for products. They get their information from manufacturers, product packages, and websites.

Below are some brands that the team here has used or currently uses for our household cleaning products and personal care products.

Household Cleaning Products

Brands:

- Molly's Suds
- Charlie's Soap
- Branch Basics
- Grab Green
- Seventh Generation
- **Poofy Organics** (see Vanessa)
- **Norwex** (see Cheryl for referral)
- **Young Living and doTERRA** (see Cheryl)

Personal Care Products

Brands:

- The Honest Company
- Alaffia Everyday Coconut
- Puracy
- Pacifica
- Native
- Primally Pure
- EO Products
- Crunchi (see Cheryl for referral)
- **Beautycounter**
- **Poofy Organics**
- **Young Living and doTERRA**
- **Norwex**

Hair Care

- Majestic Pure
- Carina Organics
- Wellnesse (ask Cheryl for a discount code)
- Shea Moisture
- **Poofy Organics**
- **Beautycounter**

Oral Hygiene

- Schmidt's
- Dr. Brite
- Hello
- Tom's of Maine fluoride free
- Burst (line of electronic toothbrushes, and they have options for fluoride free toothpastes as well)
- Jack N' Jill

Baby/kids

- Burt's Bees Baby
- Water Wipes
- Seventh Generation Wipes and diapers
- Puracy
- **Beautycounter**
- **Poofy Organics**
- Weleda
- Shea Moisture Baby
- Badger Sunscreen
- The Honest Company
- Think Baby

Other

- Coconut oil is very versatile; you can use it as a moisturizer, hair conditioner, etc
- Witch Hazel (Thayer's) can be used as a facial toner, or for use after having a baby, or for hemorrhoids
- Nail care-Cote, SOPHi, Piggy Paint, Zoya, Ella+Mila
- DIY-you can make your own products with vinegar, baking soda, Essential oils, etc for cleaning and other things around the house